SOUTHERN INSPIRATION
SLOW-COOKED HOLIDAY BRISKET {page 15}

RUSSIA VOTES
PUTIN STRUGGLES TO HOLD ON TO MAJORITY
{page 5}

BODY IN BUILDING CITY'S 36TH HOMICIDE
{page 3}

CREDIT AMNESTY 2011
Guaranteed Credit Approvals
No Matter what your Credit Score or History
EVERYONE APPROVED!
With our patented finance program, purchasing your vehicle is hassle free. Most people have credit issues! At Ride Time... "THAT'S WATER UNDER THE BRIDGE!" No co-signer required.
CanadaWIDE Vehicle Finance Ltd.
CALL THE AMNESTY HOTLINE
204-272-6161 • 1400 Regent Ave. West
204-272-6064 • 715 Pembina Hwy.
www.ridetime.ca

WINNIPEG metro®
Monday, December 5, 2011
www.metronews.ca
News worth sharing.

Rockin'. Delivery

▶ Skip Jennifer Jones delivers her stone as her front end, Joelle Sabourin, left, and Dawn Askin, brush during Capital One Canada Cup Curling in Cranbrook, B.C. Jones, a Winnipegger, captured the cup yesterday afternoon, earning her a guaranteed shot at the next winter Olympics. Story, page 18.

HANDOUT/THE CANADIAN PRESS

Jones brings home the Canada Cup

Man, 21 charged in fatal crash

Three passengers hospitalized, one dies from injuries ◐ Impaired-driving charge laid

Speed and alcohol appear to be factors in a crash that left a 21-year-old Winnipeg man dead and another in critical condition, Winnipeg Police Service Const. Rob Carver said yesterday.

The crash happened at about 5 a.m. Saturday on Pembina Highway at the Jubilee underpass. Four passengers were in the vehicle, which appeared to be a white SUV, at the time. The two remaining passengers were also taken to hospital. One was released and the other remains in hospital with non-life-threatening injuries, said Const. Carver

The driver of the vehicle, also 21, was arrested and charged with impaired driving causing death, two counts of impaired driving causing bodily harm, criminal negligence causing death and two counts of criminal negligence causing bodily harm.

Pedestrian struck

- A 46-year-old woman is in stable but serious condition after being struck by a vehicle on Friday.
- Const. Rob Carver said the woman was trying to cross the intersection of Isabel Street and Ross Avenue when she was struck by a southbound vehicle.

Meanwhile, police are not searching for more suspects after a man was found injured on Kairistine Lane on Saturday.

Police said they found the stabbing victim at about 7:30 a.m. on Saturday. He was taken to hospital in critical condition.

Ashley Nicole Fisher, 24, has been charged with aggravated assault, possession of a weapon and uttering threats.

ELISHA DACEY

LASIK NOW PAY IN 2013!
$0 down $0 payments 0% interest
Dr. Richard Léger MD, FRCSC
Dr. John van der Zwaag MD, FRCSC
LASIK MD doctors have performed over 500,000 procedures
LASIK MD LASER VISION CORRECTION
starting at $490 per eye
All-Laser LASIK Available
FREE Consultation: 1-855-894-2020 • www.lasikmd.com
WINNIPEG: 360 Main Street, Suite 2090

1 news

The U.S. government's post-BP-spill analysis contains good news for the bluefin-tuna fishery in the Gulf of Mexico. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Chaos in the wake of Oklahoma State's football victory over its state rival leaves 12 injured. Video at metronews.ca/video

A year later, quick-care clinics still not open

The Manitoba government is still working to fulfil a couple of health-care promises it made more than a year ago.

In November of last year, the province announced it would set up five quick-care clinics sometime in 2011.

The province said the clinics would be open for extended hours and be staffed by nurse practitioners to speed up care and ease the burden on doctors. THE CANADIAN PRESS

MPI told to reduce rates

The Public Utilities Board (PUB) has ordered Manitoba Public Insurance to reduce its premiums for drivers.

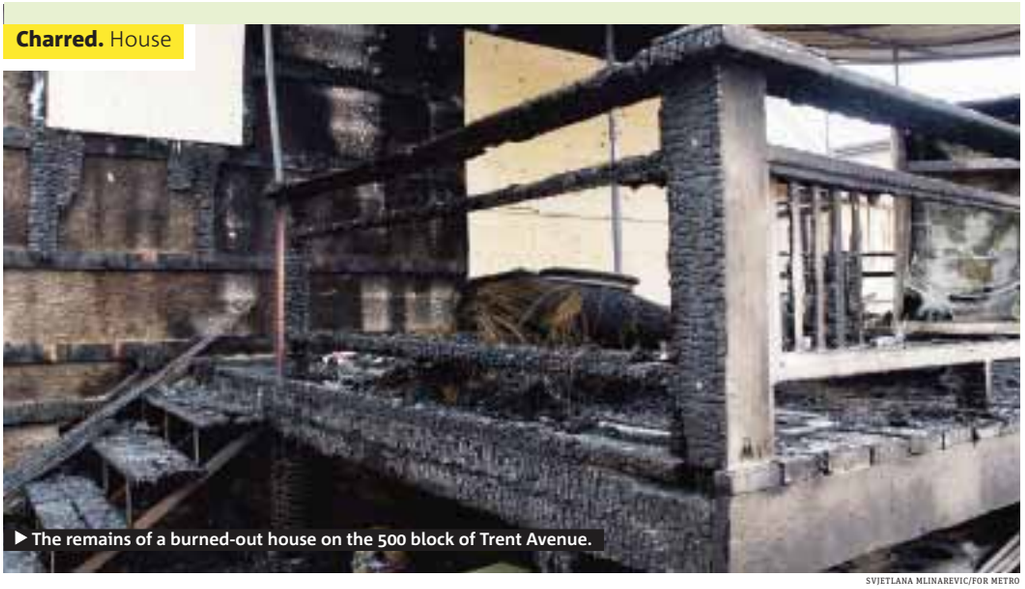
After a review of their operating costs, the PUB told MPI to reduce rates by eight per cent, rather than the 6.85 per cent MPI requested. The new rates will take effect next March.

PUB also expressed concerns regarding MPI's fairness when it comes to premiums for basic ratepayers. As well, PUB wanted to see more transparency in the Crown corporation's overall operations and an increased focus on and review of road-safety measures.

PUB regulates rate charges by Manitoba Hydro, MPI and Centra Gas.

SVJETLANA MLINAREVIC

Charred. House



▶ The remains of a burned-out house on the 500 block of Trent Avenue.

SVJETLANA MLINAREVIC/FOR METRO

Blaze not treated as suspicious

Fire crews and paramedics responded to a blaze at 11:40 p.m., Friday. The fire caused $250,000 worth of damage to the single-family dwelling and $40,000 to the home next door. No one was home at the time and the fire is not being treated as suspicious.

Occupy dealing with vandals, another fire

Organizers said none of the Winnipeg occupiers started latest fire or trampled tents Fire was small enough to be put out with extinguisher

SEAN LEDWICH
WINNIPEG@METRONEWS.CA

The Occupy Winnipeg camp saw another suspicious fire on the weekend, the third one reported in less than two weeks.

Firefighters responded to a 911 call that came in at 3:40 a.m. Saturday and extinguished a fire set on the ground under a white festival tent. Nobody was injured in the fire, which ignited a square section of carpeting in the middle of the tent.

Winnipeg Police Service Const. Rob Carver said only grass was damaged and no accelerants were used.

Police questioned an individual walking in the area, but his alibi checked out.

"There's nothing (more) to investigate," said Const. Carver. "The arson task force was notified."

Occupier Rob Gaumond said it's not clear if the fire was another arson attempt or a homeless person trying to keep warm. He said four empty tents were also vandalized — trampled and ripped apart — around the time of Saturday's fire.

Gaumond believes a woman, who has shown up at the camp intoxicated and threatening to "burn this place down" in the past, may be responsible for the previous two fires.

"To who I thought it was.... I'd say, if you got away with it, don't come back. Don't start another fire. Take your anger somewhere else."

Become a Plasma Donor

We are looking for healthy people with negative blood types to donate plasma. Plasma will be used to create a medication that can save babies lives. Plasma donors are compensated for their time.

cangeneplasma.com (204) 771-2804

Police confirm homicide No. 36

- Cops say man died as a result of violent incident
- Name, age of victim has not yet been released

ELISHA DACEY
@METRONEWS.CA

Winnipeg police say the body of a man found in a building at the corner of Osborne Street and Morley Avenue is the city's latest homicide.

No other details were released, including the name of the man, his age or how he died.

The building is located at 270 Morley Ave. Police had been on the scene for more than 24 hours when Metro Winnipeg arrived.

The homicide unit continues to investigate.

The building has been vacant since a fire about three years ago.

It appeared that renovations were underway, as the windows were new and construction material could be seen.

Witnesses describe police removing something that "looked like a body" from the building.

The death means homicide No. 36 for the city. The previous record was 34.

Witnesses described police removing something that "looked like a body."

SVJETLANA MLINAREVIC/FOR METRO

▶ Police leave through the front of 270 Morley Ave. yesterday morning. Officers were called to the scene at 4 a.m. Saturday after receiving a call regarding a suspicious incident.

PUBLIC SAFETY

New rules to restrict use of armour

New legislation restricting the use of vehicle and body armour comes into effect on Jan. 1, 2012.

"Gang members and other criminals who equip themselves with body armour and fortified vehicles present a direct threat to public safety and especially to police," said Attorney General Andrew Swan.

"It has no place or business to be in the hands of criminals to help protect them while committing crimes or protect them when being confronted by police."

Starting in January, anyone who wants armour needs to apply for a permit.

Those required to wear armour to perform their jobs will not need a permit.

Those caught with armour without a permit will have their armour or vehicle seized, where it will be destroyed, and will face a $10,000 fine and possible jail time.

ELISHA DACEY

Hearings to be held on Bipole III

The Clean Environment Commission will be holding public hearings on the proposed Bipole III transmission line project.

Newspaper advertisements will be run to advertise where the meetings will be held.

The controversial project, which is currently slated to run down the west side of Lake Winnipeg and cost several billion dollars, became an election issue in rural Manitoba.

METRO

ATTENTION
HOME OWNERS!
INSULATE YOUR ATTIC
FOR FREE!*

ATTIC INSULATION $1,500
FEDERAL GRANT & HYDRO REBATE $1,500
YOUR COST = $0
AFTER MAIL IN REBATES

COLLECT THE FEDERAL GRANT AND HYDRO REBATE
We do all the physical work, we do all the paper work!
AUDIT COST REDUCED TO $45
HYDRO REBATES STILL AVAILABLE
ECO-ENERGY FEDERAL GRANT ENDING SOON
The Federal Government and MB Hydro are willing to pay you to insulate your house. By using less energy Hydro can export at a higher rate than Manitobans pay. You can make your home more energy efficient and help reduce greenhouse gas emissions. You save up to $300 a year - every year - as well as letting the government pay for the insulation.
INCENTIVES ARE NOT TAXABLE OR INCOME BASED

WE WORK ALL YEAR LONG!
NO MONEY DOWN 100% FINANCING AVAILABLE**
GET ALL YOUR MONEY BACK & MORE
FREE ESTIMATES
SURE SAVE INSULATION
CALL NOW TO FIND OUT IF YOU QUALIFY
589-8543
*Conditions apply, example only. No 1.5 or 2.5 storey. **O.A.C. up to $7,500.

Violent flyer diverts flight

[illegible] threat on WestJet plane to Toronto

Man has history of mental illness

DAVID PROCTOR
OTTAWA@METRONEWS.CA
METRO CANADA IN VANCOUVER

A WestJet flight from Vancouver to Toronto was diverted to Thunder Bay, Ont., on Saturday when a passenger allegedly grew violent.

The man, a 27-year-old Portuguese citizen with a history of mental illness, was restrained by the crew. He allegedly uttered a bomb threat once the plane landed. An overnight search of the aircraft by Ontario and Thunder Bay police turned up nothing, and the plane completed its flight yesterday.

"It is extremely rare that we have to divert for an unruly guest," explained WestJet media relations manager Robert Palmer.

"Normally speaking, if the individual that was behaving inappropriately calms down ... we'll resume the flight and call the police to meet us at the destination. Only in extreme situations like this do we divert, which shows you what kind of concern was expressed by the crew."

The man was taken into custody by the Thunder Bay Police Service and brought to the Thunder Bay Regional Health Centre for a medical assessment. No charges have been laid.

Hong Kong. Ceremony

▶ Canadian veterans, from left, Ken Pifher, Gerry Gerrard and George Peterson salute during the Canadian Commemorative Ceremony on the 70th anniversary of the Battle of Hong Kong at Sai Wan War Cemetery yesterday in Hong Kong.

KIN CHEUNG/THE ASSOCIATED PRESS

Honouring our heroes

The ceremony honoured the 1,975 Canadian soldiers who fought to defend Hong Kong during the Second World War and remembered over 550 Canadian soldiers who died in the battle.

Two Mounties shot during standoff

HEATHER MCINTYRE
IN EDMONTON

Two RCMP officers were shot early yesterday during a standoff southwest of Edmonton.

Both were transported to hospital with non-life-threatening injuries following an exchange of gunfire at 3:30 a.m. at a rural residence 18 kilometres west of the Village of Breton.

"They're non-life-threatening injures," said RCMP Sgt. Tim Taniguchi. "One is superficial and the other is more serious."

The officers, from Red Deer and members of the RCMP emergency response team, were called at 5:20 p.m. Saturday following a complaint that a 35-year-old man had been shot outside the home.

That man was transported to hospital.

The standoff came to an end just before 11 a.m. yesterday when both a man and a woman from inside were taken into custody.

Bus strikes and kills Montreal girl

A five-year-old girl was struck and killed by a city bus in Montreal, police said yesterday.

The bus was headed toward a reserved parking area at a busy subway terminus in the city's east end Saturday evening and hit the girl as she was crossing the street.

The child was rushed to hospital, where she died soon after, said Montreal police Const. Daniel Lacoursiere. THE CANADIAN PRESS

On CIBC Miracle Day, we're investing in kids.

On December 7, 2011, CIBC's wholesale banking employees and participating CIBC Wood Gundy Investment Advisors will donate their fees and commissions to children's charities. It's called Miracle Day,® and it's a proud and celebrated tradition that's an important part of CIBC's ongoing commitment to investing in kids, cures and community.

For more information, or to invest in a miracle® of your own, visit **cibc.com/miracleday**

Facebook at CIBC Community Matters

CIBC Miracle Day

CIBC For what matters.

®Miracle Day, Invest in a Miracle and Snowman & Design are registered trademarks of CIBC World Markets Inc. "CIBC For what matters." is a trademark of CIBC.

Putin party committed violations: Opposition

Protests held in Moscow and St. Petersburg More than 170 arrests

Prime Minister Vladimir Putin's party struggled to hang on to its majority in Russia's parliamentary election, suggesting Russians were wearying of the man who has dominated Russian politics for more than a decade.

Rival parties and election monitors said even a result of around 50 per cent was inflated, alleging ballot-stuffing and other significant violations at the polls. Many feared the vote count would be manipulated.

Putin wanted to see his United Russia party do well in yesterday's election as a sign of popular support for his return to the presidency in a vote now three months away. Despite the sobering setback, he was still expected to have little trouble reclaiming the position he held from 2000 to 2008.

Putin has systematically destroyed any potential challengers and most Russians do not see any credible alternatives, despite growing dissatisfaction with his strongman style. Grumbling over pervasive official corruption and the gap between ordinary people and the superrich has become widespread.

Putting a positive spin on the disappointing returns, Putin said "we can ensure the stable development of the country with this result." United Russia held a two-thirds majority in the outgoing State Duma, which allowed it to change the constitution unchallenged. But the party is increasingly disliked, seen as representing a corrupt bureaucracy and known as the "party of crooks and thieves." THE ASSOCIATED PRESS

DMITRY LOVETSKY/THE ASSOCIATED PRESS

▶ Russian police officers detain an opposition activist during a protest against vote rigging in St. Petersburg, Russia, yesterday. Russians cast their ballots with muted enthusiasm in parliamentary elections, a vote opinion polls suggest could reduce the strength of Prime Minister Vladimir Putin's party.

Early results

- **Results with 75 per cent of** precincts showed about 50 per cent for United Russia.
- **This was in line with an** exit poll conducted by the VTsIOM polling agency tallying United Russia at 48.5 per cent and another done by the FOM polling agency at 46 per cent.
- **About 60 per cent of** Russia's 110 million registered voters cast ballots, down from 64 per cent four years ago.
- **Only seven parties were** allowed to field candidates for Parliament this year, while the most vocal opposition groups were barred.
- **Golos, an independent** election-monitoring group, compiled some 5,300 complaints of violations, a third of which said they were pressured to vote for United Russia.
- **Final results expected at** 1 a.m. EDT today.

Shell FuellingChange™

SHELL FUELLINGCHANGE AWARDS $1 MILLION TO ENVIRONMENTAL PROJECTS

Congratulations to Groupe d'éducation et d'écosurveillance de l'eau for being awarded a $50,000 grant towards their *Youth in Action for our Rivers* project that runs in Manitoba, Quebec and New Brunswick.

For a complete list of recipients, visit
www.fuellingchange.com

100 YEARS
1911 2011

Shaking the status quo

Singapore SlutWalk protests sexual violence against women

Hundreds of people gathered at a park in Singapore yesterday to protest sexual violence against women as part of the global SlutWalk movement, in a rare public demonstration in the tightly controlled city state.

The event featured live music, speeches and a women's Muay Thai martial-arts exhibition at downtown Singapore's Speakers' Corner, the only public outdoor space where demonstrations are allowed in the Southeast Asian country.

Participants at the rally did not dress provocatively as some activists have in SlutWalks in U.S. and Canadian cities.

"The idea was not to vamp it up, because women can get raped regardless of what they're wearing," said Vanessa Ho, who organized the event with six friends. "We're trying to raise awareness against victim-blaming and slut-shaming."

SlutWalk marches have been held in cities around the world, including earlier this year in New Delhi and Sydney. The protests originated in Toronto, where they were sparked by a police officer's remark that women could avoid being raped by not dressing like "sluts."

"The world is dominated by males, so there's a male mentality," said Esaint Chiang, a 21-year-old student who attended yesterday's protest. "I think it's a good idea to bring awareness to these issues, but I like that they're not being so provocative, playing by the rules."

THE ASSOCIATED PRESS

BRYAN VAN DER BEEK/THE ASSOCIATED PRESS

▶ Jess Hutch, left, takes a picture of fellow volunteer Jillian Yue wearing SlutWalk underwear as people gather at Hong Lim Park as part of the global SlutWalk movement in Singapore yesterday.

Date rape

- Corinna Lim, executive director of the Singapore women's-rights group Aware, said many sexual assault cases go unreported, especially date rape.
- Aware recently started a hotline for sexual abuse victims and offers to accompany women to the police and the hospital after an assault.
- "The family of the victim will sometimes say, 'What were you wearing?' " Lim said. "Singapore women have modernized quite quickly in a short time, but Singapore is still a very conservative society."

KENTUCKY CHURCH

Interracial ban to be nullified

The pastor at a Kentucky church says he will nullify a vote taken by members of his congregation that bans interracial couples.

Stacy Stepp, who is pastor of the Gulnare Free Will Baptist Church in Pike County, told the Lexington Herald-Leader on Saturday that he plans to declare the vote approving the policy null and void.

The move comes after Stepp, who says he opposed the policy, asked for advice from the Sandy Valley Conference of Free Will Baptists.

The conference met Saturday and issued a statement saying it had determined there weren't enough members voting in favour of the proposal, which would require a change in church bylaws.

THE ASSOCIATED PRESS

Zambia dismisses call to arrest Bush

Zambia has dismissed an international rights group's call for the arrest on torture charges of former president George W. Bush, who has been touring Africa to raise awareness about cervical and breast cancer.

"On what basis does Amnesty International want us to arrest President Bush?" state media quoted Foreign Affairs Minister Chishimba Kambwili as saying while Bush, his wife and daughters ended their visit to Zambia on Saturday.

Bush started his Africa tour in Tanzania.

THE ASSOCIATED PRESS

Consular services in the red

Earthquakes, explosions and mudslides blew a hole in Foreign Affairs' budget for consular services to Canadians last year, creating the first deficit since the evacuation of Canadians from Lebanon five years ago.

The department posted a $5.2-million deficit in 2010-2011 for the consular services provided by its diplomatic missions, including help for Canadians hit by an earthquake in Haiti and by an explosion at a Mexican resort. The department is required to recoup the cost of consular services through a general levy on each passport issued to Canadians, currently $25 for each adult.

But the levy revenue is not keeping up with costs, increasing pressure on the department to hike the fee — just as Passport Canada is proposing to significantly raise the basic cost of its new ePassports, which debut next year.

Foreign Affairs has racked up consular-affairs deficits in three of the last six years, the largest in 2006-2007, when it was forced to absorb most of the cost of evacuating Canadians from Lebanon in the summer.

The consular account is currently running a $30-million cumulative deficit, says an internal Foreign Affairs report.

The report notes it cost about $94 million to provide consular services abroad in 2010-2011. THE CANADIAN PRESS

India. Violence

▶ An Indian policeman, right, takes evasive action as a Kashmiri Shiite Muslim charges at him with chains in Srinagar, India, yesterday.

MUKHTAR KHAN/THE ASSOCIATED PRESS

Muslims defy curfew in Kashmir

Authorities used batons, tear gas and water cannons to break up Muslim religious processions held yesterday in defiance of a strict curfew in the main Indian-controlled city of the disputed Himalayan region of Kashmir, police said. At least 70 people were detained after police imposed the curfew in some parts of Srinagar to prevent gatherings marking the Muslim month of Muharram from developing into anti-India protests, police said.

Anti-gay law may hit AIDS fight in Nigeria

A bill originally designed to outlaw gay marriage in Nigeria likely has consequences far beyond its initial scope — criminalizing gay groups and organizations could jeopardize millions of dollars of Western aid geared toward stopping the spread of HIV and AIDS. Nigeria likely cannot afford to scorn foreign aid in the fight against HIV-AIDS, experts say.

THE ASSOCIATED PRESS

Iran strikes U.S. spy plane

Country confirmed in 2005 that U.S. has been spying on its nuclear facilities with drones Holds regular drills against attacks

Iran's armed forces have shot down an unmanned U.S. spy plane that violated Iranian airspace along the country's eastern border, the official IRNA news agency reported yesterday.

An unidentified military official quoted in the report warned of a strong and crushing response to any violations of the country's airspace by American drone aircraft.

"An advanced RQ-170 unmanned American spy plane was shot down by Iran's armed forces. It suffered minor damage and is now in possession of Iran's armed forces," IRNA quoted the official as saying. No further details were published.

The U.S.-led coalition in Afghanistan said in a statement the aircraft may be an American drone that its operators lost contact with last week while it was flying a mission over neighbouring western Afghanistan.

A U.S. official, who spoke on condition of anonymity because of the classified nature of the incident, said the U.S. had "absolutely no indication" that the drone was shot down.

Iran is locked in a dispute with the U.S. and its allies over Tehran's disputed nuclear program, which the West believes is aimed at developing nuclear weapons.

Iran denies the accusations, maintaining its nuclear program is entirely peaceful and that it seeks for the purpose of generating electricity and produce isotopes to treat medical patients.

THE ASSOCIATED PRESS

KATHY WILLENS/AP PHOTO FILE

▶ Nick Mottern of Hastings-on-Hudson, N.Y., hands out information as he stands beneath a model of an unmanned drone, which he labelled an "unmanned assassination vehicle" during an anti-war teach-in on Oct. 11.

Out of the sky

The type of aircraft Iran says it downed, an RQ-170 Sentinel, is made by Lockheed Martin.

- **It was reportedly used to** keep watch on Osama bin Laden's compound in Pakistan as the raid that killed him was taking place earlier this year.
- **The surveillance aircraft is** equipped with stealth technology, but the U.S. Air Force has not made public any specific details.

▶ A defused Second World War bomb swims in the Rhine River near Koblenz, Germany yesterday.

WWII bomb defused

A massive British Second World War-era bomb that triggered the evacuation of about half of the 107,000 residents of Germany's western city of Koblenz was successfully defused yesterday, authorities said.

It was one of Germany's biggest bomb-related evacuations since the war ended with some 2,500 police officers, firefighters and paramedics on duty across the city to secure the operation.

Some 45,000 residents, living within a radius of about two kilometres from the bomb site had to leave their houses early yesterday before the evacuation order was lifted in the evening, the city said on its website. Among those ordered to evacuate were seven nursing homes, two hospitals and a prison with some 200 inmates.

The British bomb could have cause massive damage in case it exploded.

"I did my job, that was all," lead defusing expert Horst Lenz told local daily Rhein Zeitung.

Finding unexploded bombs dropped by the Allies over Germany during World War II is common over 65 years after the war's end. The explosives are usually defused without causing injuries.

THE ASSOCIATED PRESS

Finish. Line

▶ Kenya's Willy Kibor Koitile crosses the finish line to win the Shanghai Marathon yesterday.

EUGENE HOSHIKO/AP PHOTO

Victory for debut runner

Willy Kibor Koitile of Kenya weaved through Shanghai's 42-kilometre course with a record time of 2:10:21 at the 2011 Toray Cup Shanghai International Marathon yesterday. He takes the place of three-time champion Gashaw Melese of Ethiopia. Koitile ran 1 minute and 15 seconds faster than Melese, who secured his third consecutive win last year.

Ridetime.ca announces
CREDIT AMNESTY 2011
Guaranteed Credit Approvals No Matter what your Credit Score or History

WINNIPEG - MANITOBA
The downturn in the economy has affected most people and their ability to get a car and automotive credit. Credit agencies have become very critical with credit scores and many lenders have significantly changed the criteria for someone to qualify for an auto loan. Many car shoppers today are being turned down because of their credit history. Credit Amnesty 2011 has signed an agreement with a CREDIT TO ANYONE REGARDLESS OF CREDIT SCORE. Every and any past credit problem will be accepted and approved regardless of bankruptcy, divorce, tax liens, judgements, vehicle repossessions and charge offs.

Bank Authorized Processors On Site for Instant Approvals
The management and finance staff of Credit Amnesty 2011 were flown to Toronto and trained to be lending representatives for a national leader who has been lending to credit challenged consumers in an effort to give consumers the opportunity to re-establish their credit one payment at a time. Credit Amnesty 2011 will now deliver credit approvals to every consumer they enter into the patented Credit Approval Processing System within 60 seconds. Doug MacIver, General Manager at Credit Amnesty 2011 proudly says, "we provide opportunity where others can't."

EVERYONE APPROVED!
With our patented finance program, purchasing your vehicle is hassle free. Most people have credit issues! At Ride Time... "THAT'S WATER UNDER THE BRIDGE!" No co-signer required.

Life Changing Program
Without our product, consumers are often unable to purchase a vehicle or they purchase an unreliable one and are not provided the opportunity to improve their credit standing. As we report to all major financial national credit reporting agencies, a significant number of our customers improve their lives by improving their credit score and move on to more traditional sources of financing. We have the late model vehicles people want and the ones that will qualify for this type of funding. The only thing that will affect your ability not to be approved is no down payment. And with that being said we are not here to put someone in a car that does not match their ability to pay, we want this to be a successful process that will allow those with credit problems to rebuild their lives. I know they will benefit from this program and they will always come back to us to buy a car.
From what we were told in Toronto, business starts coming in from referrals, from our own customers who find out this program is for real. They usually tell all their family and friends about it. "This is a once in a lifetime opportunity for someone to come in to us and drive home a nice car and rebuild their credit," adds Doug. Our staff has even told their families and friends to come down and we've notified some local companies and their employees to come down as well to take advantage of these great opportunities to rebuild your credit.
CAR proof HISTORY REPORTS are available on every vehicle. You can drive home with confidence that you know what you are buying. If I were in the market for a quality pre-owned certified vehicle, I would definitely come down early for the best selection."

Your Trade is Your Down Payment
Wholesale representatives will be on hand to give anyone top dollar for their trade for down payment funds. Wholesalers have been authorized to offer very liberal trade-in allowances so that each person who needs a down payment has one. This is a perfect opportunity to trade in and trade up and rebuild your credit. Trades can be made to lower your monthly payments. Your trade will be your down payment. In most cases you can just sign and drive with a trade. Just bring your vehicle registration and payment book, and Credit Amnesty 2011 will make the deal happen for you.

Credit Amnesty 2011 now on at Canada Wide Vehicle Finance
Home of the Guaranteed Approval
CALL THE AMNESTY HOTLINE

CANADA WIDE VEHICLE FINANCE
1400 Regent Ave. West • 204-272-6161
715 Pembina Hwy. • 204-272-6064
www.ridetime.ca

Home Phone

Unlimited Local

- Unlimited local calling
- 14 free features

$14.95 /month

Unlimited Canada

- Unlimited local calling
- 14 free features
- Unlimited Canada calling

$19.95 /month

Unlimited Global

- Unlimited local calling
- 14 free features
- Unlimited North America calling
- **Unlimited calling to almost 60 countries**

$29.95 /month

Limited Time Offer:

6 Months FREE!

Your Satisfaction is Guaranteed or You Pay Nothing!

All Features FREE!

- **FREE** Voicemail
- **FREE** Caller ID
- **FREE** Call Waiting
- **FREE** Call Forwarding

and much more...

Keep your existing phone number

comwave

www.comwave.ca

1-866-210-0444

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in soliciting on information in any form. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Nunavut, NWT, Alaska and Hawaii. First Month Free Promotion is based on a 1YR term and includes a 30 Day Satisfaction Guaranteed period. The Global Plan includes a 30 Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed period with no further obligations. If you transfer your existing phone from your current provider to Comwave within the first 90 days, you will receive an additional 1 month free (limit of 6 months free). Terms and conditions apply, see www.comwave.ca for details.

Long Distance

1¢ /minute to India

1000 minute bundle only $10/month

Australia	1.9 ¢/min	Iran	5.9 ¢/min	Russia	from 1.9 ¢/min
Bangladesh	from 3.9 ¢/min	Israel	1.9 ¢/min	South Korea	2.9 ¢/min
Bosnia	13.9 ¢/min	Italy	1.9 ¢/min	Sri Lanka	9.9 ¢/min
China	1.9 ¢/min	Lebanon	7.9 ¢/min	Trinidad	4.9 ¢/min
Colombia	from 3.9 ¢/min	Mexico	from 1.9 ¢/min	U.A.E	14.9 ¢/min
Cuba	89.9 ¢/min	Pakistan	5.9 ¢/min	Ukraine	7.9 ¢/min
El Salvador	9.9 ¢/min	Philippines	11.9 ¢/min	U.K	2.9 ¢/min
Germany	1.9 ¢/min	Poland	1.9 ¢/min	Vietnam	4.9 ¢/min
		Romania	1.9 ¢/min	Serbia	7.9 ¢/min

Unlimited Canada $5 /month

Unlimited calling to anywhere in Canada

Lifetime Rate Guarantee

- No matter where you call
- No matter what rate you currently pay with your provider

Comwave will beat it...

GUARANTEED

No contracts

Limited Time Offer: 30 Minutes FREE!

Every Month on your home or mobile phone

(To Canada & USA)

comwave

www.comwave.ca

1-866-210-0444

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LOCAL DIALING: Lifetime Rate Guarantee is based on comparable lowest advertised rate for like services. Comwave will not only match or beat any competitor's lowest advertised rate, but will also beat it by 10%. Comparison will not vary, match or beat any charity or internet service, bundled service plans, or prepaid calling cards due to their inaccurate billing increments. Unlimited plans cannot be shared by more than one line. Unused minutes do not carry over to the next month. Excess minutes will be billed at our lowest rate guaranteed. Calls to Comwave Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

Italy approves austerity measures

PIER PAOLO CITO/THE ASSOCIATED PRESS

▶ Italy's welfare minister Elsa Fornero yesterday.

Premier Mario Monti said yesterday his government of technocrats has approved a package of austerity and growth measures worth $40.53 billion to "reawaken" the Italian economy and help save the euro common currency from collapse.

The measures include immediate cuts to the costs of maintaining Italy's bulky political class as well as significant measures to fight tax evasion, Monti told a news conference following a three-hour cabinet meeting.

Monti will outline the measures on Monday in addresses to both houses of Parliament, which must approve them. Monti said he will appeal to lawmakers' sense of responsibility.

"A lot depends on how well or not we explain to the citizens what we are trying to do," Monti said. THE ASSOCIATED PRESS

ONLINE OFFERINGS

Netflix Canada to add more content

Netflix is promising that 2012 will be a big year for the company in Canada, with plans to double its acquisition spending for movies and TV shows and give Canadians access to more quality content — although it still won't match the selection available in the U.S.

In a letter to shareholders in late October, Netflix said next year's spending boost would give the the Canadian service "comparable content quality" to the U.S. site.

In a recent interview, vice-president of content Jason Ropell said the statement implies that Canadians will get access to the same calibre of top-tier films and TV shows available in the U.S., although he conceded the quantity of those titles will still be limited north of the border. THE CANADIAN PRESS

WORK FROM HOME
We are rapidly expanding and we are looking for a Marketing Associate in Manitoba.
Watch our informative videos online at:
CareerChoiceManitoba.ca

Electric car-sharing hits streets of Paris

- 2,000 drivers have already signed up for the eco-friendly program
- Officials from other cities are looking to follow Paris' example

CHRISTOPHE ENA/THE ASSOCIATED PRESS

▶ A parking station for the Autolib' electric car-share program in Paris.

[illegible] an innovator of the City of Tomorrow, is launching an electric car-sharing program to cut air and noise pollution on the city's medieval cobblestone streets and beyond.

Autolib', a project built on the success of the city's bike-rental scheme, makes its debut Monday and officials want the self-service e-cars to be as much a part of Paris life as the Eiffel Tower or Notre Dame Cathedral.

While many world cities have been developing greener alternatives to carbon-emitting vehicles, Paris says its program is the biggest of its kind: 250 vehicles hit the road on Monday, 2,000 are expected by next summer and 3,000 are planned within the next two years.

The four-seat compact Bluecar is a collaboration of Italian car designer Pininfarina and French conglomerate Groupe Bollore, which hopes to showcase its lithium metal polymer battery that powers the car.

Prospective users will need a valid ID, driver's license and credit card before signing up online or by a videoconference with an customer service representative at one of 40 special glassed-in shelters in Paris and dozens of suburban towns also taking part.

To get going, users swipe a magnetized card against a driver's-side window to open the door, and a key tethered to the steering column starts the car.

"The city's first interest is fighting air pollution, these cars not only don't emit carbon dioxide, but localized exhaust fumes either," said Sylvain Marty, who heads the multi-city Autolib' partnership led by Paris and private-sector affiliates. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
- 9.21 (12,104.08)	- 0.39¢ (98.02¢ US)
Oil	**Natural gas**
+ 31¢ US ($100.51 US)	$3.65 US (- 0.3¢)
	Gold
	$1,751.30 US (+ $11.50 US)

India's Congress party may delay foreign retail

India's ruling party faced a potentially damaging setback yesterday after an important coalition ally said the government had reversed its decision to throw open the country's huge retail sector to foreign investors.

The government has not officially announced a change in its policy on foreign direct investment, but a reversal would be an embarrassment for the Congress party, which has been scrambling to reassert its leadership and kick-start investment in the deteriorating economy.

The furor over whether to allow chains such as Wal-Mart to open supermarkets in major cities has deadlocked Parliament, with many politicians slamming the decision as a job killer for India's small retail shops. Proponents say it would bring needed investment into India's infrastructure. THE ASSOCIATED PRESS

PROGRAM 'WIPS' UP CIVIC DEBATE

URBAN COMPASS

COLIN FAST
METRO WINNIPEG

A developer announces plans for a vibrant mixed-use structure, and then puts up a bland office building. A transit strategy is announced, and then nothing happens. A roadway gets rebuilt, and then torn apart a year later.

How do these decisions get made anyway?

Since last January, a quartet of young Winnipeggers have been pursuing those answers by combining new and old media for a weekly roundup of urban affairs called Winnipeg Internet Pundits (WIP).

The radio show/podcast/blog is the brainchild of host Tessa Vanderhart, who noticed a gap in coverage of civic issues on local airwaves.

"One of the things that blogs in the city are good at is taking a step back and looking at the big picture and seeing things that were missed in the daily reporting cycle."
TESSA VANDERHART, WINNIPEG INTERNET PUNDITS

"One of the things that blogs in the city are good at is taking a step back and looking at the big picture and seeing things that were missed in the daily reporting cycle," she says. "I thought it would be neat to bring that conversation to the air."

She's joined each week by a regular panel of local bloggers — James Howard of Slurpees and Murder, Christian Cassidy of West End Dumplings and Walter Krawec of the One Man Committee — along with special guests from the local blogging community.

"Traditional radio coverage of civic and provincial matters is almost entirely limited to traffic, weather, and stabbings," says Howard. "Even when they do mention something major — a policy decision, an annual budget, a strategic initiative — there's little discussion or insight into what it means. It's five seconds of 'city hall passed the annual capital budget today,' a 10-second clip of the mayor, and then two hours of Randy Bachman's favourite classic-rock hits."

In contrast, recent WIP episodes have featured in-depth discussions on transit fares, the city's violent-crime problem, downtown parking and how post-secondary education could spark economic development.

"One of the big issues that gets us the most worked up is city planning," Vanderhart says. "Plans for a new development are announced, it sounds like things are going to be great, but we know those plans rarely match up with reality."

With a passion for their community, an interest in improving neighbourhoods and a healthy dose of skepticism, these young WIPs should be required listening for the decision makers in this city.

Winnipeg Internet Pundits airs Wednesdays at 5 p.m. on 101.5 UMFM. For more information about the show, links to local blogs or to listen to podcasts of previous episodes, visit winnipeginternetpundits.tumblr.com.

Colin Fast is a corporate communicator who blogs about life in Winnipeg at policyfrog.com.

Making the city pretty one home at a time

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

They say charity beings in the home, and that's certainly true with a new pilot project.

Delivered through the Winnipeg Housing Rehabilitation Corp., a non-profit developer and affordable-housing manager, the Residential Neighbourhood Beautification Grant is helping residents fund needed upgrades to their homes while enhancing neighbourhood character.

"We are very excited about it," says the non-profit's Julie Spekking. "It is so rewarding to be part of a project in a community that is just as happy to be receiving assistance to repair their homes."

Still in its first year, the grant is available for houses between Brazier Street to the west, Chalmers Avenue to the north, Gateway Road to the east and the Red River to the south, with future expansion planned.

CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

DAN KITWOOD/GETTY IMAGES

Daily Zoom

All the Queen's bikers

Group of bikers ... from the army

LONDON. For Queen and country ... and motorbike junkies. The display team of the British army's Royal Signals White Helmets strike a practice pose ahead of the military tournament at Earls Court. Some 700 servicemen and women perform stunts that feature skills they use in the field. MWN

Defying death? It's an honour, sir

ATTRIBUTES. According to their website, the team of 30 volunteer soldiers demonstrate "all the personal qualities demanded of the modern Royal Signals soldier." What that entails is performing death-defying acrobatics and riding within millimetres of each other at speeds of up to 130 km/h. MWN

White Helmets

- **Equipment.** British Millennium Triumph 750cc motorcycle, producing 46bhp and weighing just under 200 kg.
- **Bit of a showoff.** "I can ride that better backwards than forwards," Cpl. Jason (Gyppo) Hooper wrote on an online forum.

metro
METRO WINNIPEG • 161 Portage Ave E • Suite 200 • Winnipeg MB • R3B 2L6 • T: 204-943-9300 • Fax: 888-846-0894 • Advertising: 204-890-8397 • adinfowinnipeg@metronews.ca • Distribution: winnipeg_distribution@metronews.ca • **Vice-President and Group Publisher, Metro Western Canada** Steve Shrout, **Managing Editor** Elisha Dacey, **Sales Manager** Dave Kruse, **Distribution Manager** Rod Chivers • **METRO CANADA: President & Publisher** Bill McDonald, **Vice-President, Marketing and Interactive** Jodi Brown, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem

2 scene

Scene in brief

The latest Twilight movie still cast the longest shadow with $16.9 million for a third-straight No. 1 finish during one of the year's slowest weekends at the box office. Coming in second again was Disney's The Muppets, with $11.2 million. With no new wide releases opening after the busy Thanksgiving weekend, ticket sales nosedived.

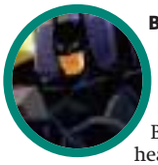
THE ASSOCIATED PRESS

Utah home inspired by movie Up sold for $400,000 to Disney fanatics

Eye on the detectives

Grab your deerstalker cap — Sherlock Holmes is back this month Robert Downey Jr. reprises his role as everyone's favourite gumshoe in the Game of Shadows To mark the release, we pit film and television's criminal investigators against each other in a sleuth-off

Scooby-Doo
The heart and soul of the Mystery Inc. gang may get the heebie-jeebies at the outset of every adventure, but give him some crunchy courage in the form of Scooby Snacks and he becomes doggone heroic.



Batman
Psychopathic baddies like Joker and Riddler love to taunt the caped crusader with twisted puzzles. In order to clean up the streets of Gotham City, Batman has to do equal parts of mental heavy lifting and Sok-Kapowing.

Winner: Batman
In the battle of slapstick versus beat-with-a-stick detective work, the Dark Knight leaves the Great Dane crying "rrr-uncle."

Lt. Debra Morgan (Dexter)
Dexter's sis may not piece together crimes as quickly as her blood-spatter expert/serial killing bro, but she's still got the sharpest tongue and coolest head on Miami Metro's homicide division.

Deputy Chief Brenda Leigh Johnson (The Closer)
Major Crimes' cunning interrogator disarms suspects with her trademark genial "thank you, thank you so much" Southern charm before going in for the kill.

Winner: Brenda Leigh Johnson
While they're both highly capable workaholics, Morgan's solve rate suffers because her brother hampers investigations to satisfy his dark passenger.

Lt. Columbo
Outwardly naive and absentminded, the sly detective, in his rumpled trench coat and battered Peugeot, gave suspects a false sense of security before tripping them up with a few final questions. "And oh, just one more thing…"

Adrian Monk
Despite being socially awkward, hamstrung by a severe case of OCD, and afflicted with a host of phobias including germs, milk and dentists, when it comes to solving crimes he is a genius.

Winner: Adrian Monk
When the defective detective is on the trail, it never grows cold. And it doesn't hurt that he has a blonde sidekick to carry his disinfectant hand-wipes.

Hercule Poirot
One of the least physically active detectives, this Belgian sleuth prefers to work from the comforts of his easy chair. Using his "little grey cells", he solves epic mysteries while maintaining a meticulously groomed moustache.

Miss Marple
This prim octogenarian spinster seems more inclined to knit a pair of mittens then solve a grisly murder. Don't let her little old lady looks fool you. Miss Marple is a straight up O.G. with a mind like a bacon slicer.

Winner: Hercule Poirot
The sheer international import of Poirot, who put Belgium on the map decades before the Muscles from Brussels, puts him firmly in the catbird seat.

Inspector Jacques Clouseau
He has no discernable powers of deduction and possesses an uncanny knack for ignoring the obvious. But in the end, the pride of the French Sûreté still manages to bring the bad guys to justice, albeit accidentally.

Inspector Gadget
Though he can do almost anything thanks to an arsenal of cybernetic attachments, Gadget is clueless. But thanks to his whip-smart niece Penny and her dog Brain, Gadget bats one thousand when it comes to foiling Dr. Claw.

Winner: Inspector Gadget
While both are bumbling nitwits, Gadget's entourage reduces Clouseau to French toast. This article will now self destruct.

MIKE DOJC

WagJag.com DEAL OF THE DAY!

$32 FOR A FULL SET OF GEL NAILS FROM JUST BREATHE

HIGHLIGHTS
- Full set of LCN gel nails.
- Other hand care services available include manicures, buff-and-seals and Shellac.

Regular Price: $75
You Save: $43
Discount: 57%

Brooke Mueller is busted...again

Charlie Sheen's ex arrested on drug and assault charges: People magazine
Mueller has custody of their 2 kids

THE WORD
DOROTHY ROBINSON
SCENE@METRONEWS.CA

It was a slow weekend for celebrities behaving badly, but luckily for gossip columnists everywhere, Brooke Mueller still can't get her act together.

That lady parties more than most Hollywood celebs combined.

The latest indiscretions of Charlie Sheen's ex?

After a wild Friday night, she was arrested in Aspen on assault and drug charges, according to People magazine.

(Why always Aspen? Doesn't she ever go skiing out there?)

The mother of two and frequent rehab resident was picked up at the nightclub Escobar after another female patron complained to police about an altercation.

"Mueller was arrested and charged with assault in the third degree and possession of cocaine with intent to distribute," an Aspen police official says.

"Mueller posted bond of $11,000 and was released with a district court date of Dec.19, 2011."

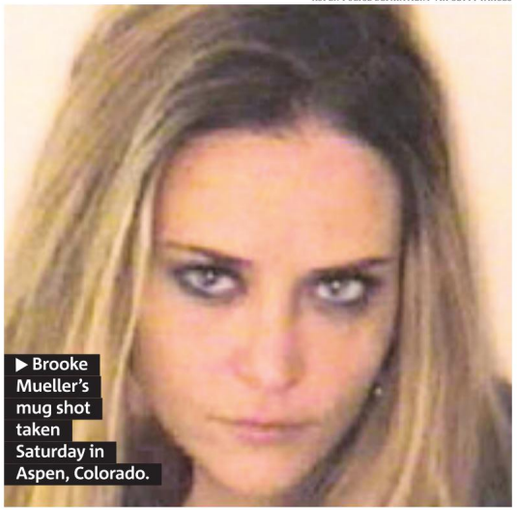
This was Mueller's second arrest for cocaine possession.

In July, she had just finished a 30-day rehab session.

Although this seems like not-so-huge news, be prepared for a Sheen media onslaught this week, as Mueller has custody of their two children.

And just when you thought you'd get through the year without hearing from him again.

ASPEN POLICE DEPARTMENT VIA GETTY IMAGES



▶ Brooke Mueller's mug shot taken Saturday in Aspen, Colorado.

Brit turns 30

Britney Spears celebrated her 30th birthday last Friday by strapping on skates and going ice skating with boyfriend Jason Trawick, according to Us Weekly.

The singer took a break from the current South American leg of her tour with a quick trip to a rink in Houston, Texas.

The couple — who are rumoured to be talking about getting engaged — were all smiles on the ice. METRO

Britney Spears

Celebrity tweets

@craigyferg

Playboy interviewed me but rejected my pictorial. Probably for the best

@Joan_Rivers

Hey, Winona Ryder (she follows me on Twitter), just a reminder: There are only 21 more shoplifting days left til Christmas.

@katyperry

First I'm pregnant & then I'm divorced. What am I All My Children?!

@SteveMartinToGo

Life is just a series of Tweets.

Cooper isn't buying it

Bradley Cooper doesn't necessarily enjoy being the Sexiest Man Alive, a title recently bestowed upon him by People magazine.

"It's been a weird couple of weeks. I did originally laugh and then I just started crying," Cooper tells British website OMG.

"I guess it's a bit of a joke. I hope that it won't change things." In fact, while other actors might see the title as an achievement, Cooper is worried it might become something of an impediment to his acting career. "I'm glad it doesn't detract from my work, I hope it doesn't," he says. "It would be unfortunate it if did because I'm not really that guy at all." METRO

ALL OTHER PHOTO GETTY IMAGES

▶ Bradley Cooper

Baby Simpson still gender-less

While she's previously used male pronouns while discussing her unborn child, Jessica Simpson admits she doesn't really know what it's going to be.

I think it's a girl, but I don't know yet," Simpson says, according to Hollyscoop, though her fiancé, Eric Johnson, disagrees: "I think it's a boy. We're pretty much at a standstill there," he says.

"I don't think we can wait. Jessica is too honest about everything, she needs to know. I don't think she can hold that secret to herself." METRO

▶ Jessica Simpson

RAINBOWSTAGE
Season Greetings with Season Tickets!
A great holiday gift idea for Only $99.
Enjoy Footloose & Annie and cheer in the new year.
Call today: 989-0888
Order on-line: www.rainbowstage.net
To enter for your chance to win Season Tickets, go to clubmetro.com.

3 life

How to explain Santa

Even parents who loathe the commercial aspect of the holiday season can't get away from Santa Claus What are the implications of lying to children about the myth that is Father Christmas? And when are children ready to hear the truth about St. Nick?

EMMA E. FORREST
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Imagine you're three years old and a fat bearded man in a red suit starts laughing in your face. You'd be confused. Scared. And you'd probably run to Mommy.

So when and how do you tell your child about who, exactly, this man is?

They should be ready to understand the background story of Father Christmas at about age three, says Dr. Jerome Singer, professor emeritus of psychology and child study at Yale University, and a specialist in children's imagination.

"Before that it's confusing to the child. At three, four and five years, children are doing a great deal of pretending and make believe anyway."

Either way, you can't escape the myth.

"If your children go to school and are part of mainstream society, then it's hard to see how you can avoid it," says Oliver James, a clinical psychologist and author.

"At age two, three and four, children are living a wild fantasy life already. The idea that there is a big man flying around the world giving gifts shouldn't be a hard sell," he says.

Parents shouldn't worry about participating in the great red-and-white lie.

"Lying is an integral part of life from an early age; children witness parents saying (to unwelcome callers) 'tell him I'm not in'" says James. "So there's nothing too complicated about that."

In fact, fantasizing about Santa's adventures could benefit a child's cognitive development.

"There are many advantages for the child developing relatively early a capacity for pretending and imagination," says Singer.

Children with active imaginations at an early age learn new vocabularies, master the idea of possibilities by experimenting with different social situations, trying them out and seeing what works and what doesn't, so they learn to self-regulate, Singer explains.

Communicate with your kids about the Santa myth, says Singer, and be alert to factors that will confuse them, including different Santas appearing in shops and on TV.

Most kids find out the truth from siblings or at school. Don't push kids who want to believe but prepare them for the truth as they hit early school age.

"At three, four and five years, children are doing a great deal of pretending and make believe anyway."
JEROME SINGER, PSYCHOLOGIST

THINKSTOCKPHOTOS.COM

▶ Who is this Santa Claus guy anyway?

Festive joy

"What would you like for Christmas?" This question seems easy enough. But as the options multiply the answer becomes more and more complicated... and expensive! Make time for the pleasures of family this Christmas: skating on an outdoor rink, baking cookies or having a movie marathon. This creates traditions kids will remember.
NEWS CANADA

Measles outbreaks on the rise across Europe, increasing cases also spreading to US. Scan code for story.

Analysis

GIVE CHRISTMAS MEANING

Oliver James, author of Affluenza, a book about how our competitive consumerist culture makes us anxious, suggests ways to give Christmas a non-commercial meaning.

Create games and traditions
Find a film that the family can watch together (The Sound of Music, Casablanca), and watch it every year, creating rituals away from the consumption of gifts.

Reinforce anti-materialism
Remind your kids that money and possessions aren't going to make them happy throughout the year, and that richer people aren't necessarily happier.

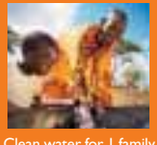
Make them ad-savvy
Kids love impressing you with their cleverness. Teach them how to decrypt the ads that try to sell them products they don't need throughout the year.

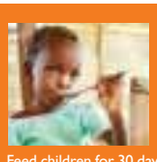
BE THE DIFFERENCE
for a child this Christmas.

World Vision

Shop the World Vision Gift Catalogue and change the lives of children, families and entire communities.

You can be the difference between sickness and health, hunger and nutrition, hopelessness and opportunity.


Clean water for 1 family
$100 (1362)


Feed children for 30 days
$45 (1685)

Educate a girl
$60 (2469)

3 soccer balls
$30 (1909)

3 warm blankets
$30 (1891)

Come together with other Canadians.
Give gifts that change lives.
Go to worldvision.ca/gifts
or call 1 800-844-7993

4273389

Healthy pasta, huge taste

Heart friendly and palate pleasing — put shrimp pasta on the menu

PHOTO/NEWS CANADA

▶ Dinner gets a healthy boost with whole-grain pasta, and shrimp.

Ingredients:

- 1 package whole grain spaghetti
- 1 head radicchio, quartered and shaved in thin slices
- 1 cup shrimp
- 1 garlic clove, thinly sliced
- 2 tsp extra virgin olive oil

For the marinade:

- 1 tsp parsley, chopped
- 1 tsp rosemary, chopped
- 1 clove garlic, chopped
- 200 grams shrimp, small peeled and cleaned
- 2 tsp extra virgin olive oil
- ¼ tsp red pepper, crushed

Looking for a dish that is simple and impressive? Celebrity chef Scott Conant of Scarpetta restaurant has created a delicious dish that is sure to satisfy your pasta craving.

Preparation:

1. Marinate shrimp with parsley, rosemary, extra virgin olive oil, garlic and crushed red pepper.
2. Heat olive oil in a sauté pan. Sauté the sliced garlic until just before it turns brown. Add the shredded radicchio and sauté for 7-10 minutes.
3. Cook pasta until it's almost al dente. Drain. Reserve some cooking liquid (¼ cup) and set aside.
4. Add pasta cooking water (approximately (¼ cup) to sauté pan and cook for a minute or so. Then, add the pasta that is 90 per cent cooked. Add the marinated shrimp and cook thoroughly. NEWS CANADA

Rose Reisman's Swap It

Double double coffee will add unnecessary weight and increase your risk of Type 2 diabetes and heart disease. Watch liquid calories.

TWO LARGE TIM HORTONS DOUBLE DOUBLE COFFEES

460 CAL / 24 G FAT / 52 G SUGAR

TWO LARGE DOUBLE DOUBLES ARE EQUIVALENT TO THREE BOSTON CREAM DONUTS FROM TIM HORTONS IN FAT

SWAP IT!

TWO LARGE SINGLE SINGLE COFFEES

270 CALORIES / 14 G FAT / 30 G SUGAR

IF YOU SWAP THE COFFEES EVERY DAY FOR A YEAR YOU'LL LOSE 20 POUNDS WITHOUT CHANGING ANYTHING ELSE.

Warm up this winter with a holiday brisket

Beer and black pepper brisket packs serious flavour, and brings Southern goodness to the table

PHOTO/THE ASSOCIATED PRESS

▶ Infuse your belly with taste with a hearty brisket.

Ingredients:

- 1/2 cup) kosher salt
- 45 ml (3 tsp) coarsely ground black pepper
- 10 ml (2 tsp) cayenne pepper
- (9- to 11-pound) whole beef brisket, untrimmed
- Four to six 375 ml (12-ounce) bottles beer

Preparing a winning brisket is quite simple.

All you need is patience (it takes a long time to cook) and the right cut of meat.

When you buy a trimmed brisket (the moist point has been removed) braising is the only way to make it palatable.

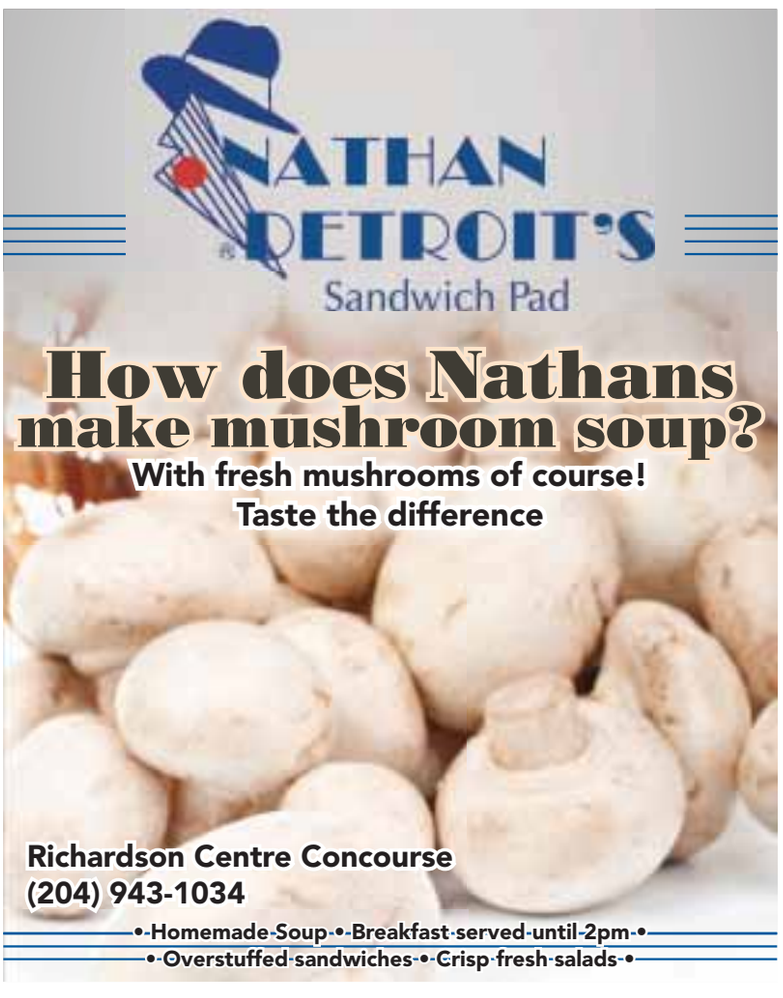
That and adding lots of flavourful ingredients, such as onion soup mix and stewed tomatoes.

It's much better — and far more flavourful — to go with a whole, untrimmed brisket.

You may need to order it from a butcher, but it is so worth it.

Preparation:

1. Heat oven to 325 F. Set a metal rack over a rimmed baking sheet.
2. Stir salt, pepper and cayenne in a small bowl and mix. Sprinkle mix all over each side of the brisket.
3. Pour 1 beer into a loaf pan. Set on low rack.
4. Place brisket, fat side up, on rack and roast between 4 and 6 hours. Add additional beer every hour. Cook until the meat reaches 185 F at centre. Remove from the oven and let sit for 20 minutes. Slice brisket thinly to serve. THE ASSOCIATED PRESS



PUTTING DIRTY OPTIONS THROUGH A WASH

Is it better to hand wash dishes or use my dishwasher? *Mike of Don Mills, Ont.*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Let me ask you this; can you wash and rinse a dirty plate with a cup of water?

Researchers at the University of Bonn in Germany found that, compared to hand washing, dishwashers use only half the energy, one-sixth of the water, and less soap.

The most careful of hand-washers just could not beat the dishwashers we are blessed with today.

The study also rated the level of cleanliness.

Once again, the dishwasher won.

Energy Star claims that using an efficient dishwasher instead of an older one will cut your utility bills by more than $40 a year.

An Energy Star-qualified dishwasher can save you more than 230 hours of time over the course of a year (almost 10 days).

Although, if you find washing dishes therapeutic, who am I to argue with the value of quality me time?

And as usual, there are qualifiers.

It's pretty tough to do a better job by hand than using an energy-efficient dishwasher.

Run your machine full, on the light cycle and turn off the heated drying option.

And for the love of Pete, choose an eco-friendly dishwasher and/or dishwashing soap.

If a product doesn't list ingredients, leave it on the shelf.

Look for products with eco-labels like Green Seal or Environmental Choice's EcoLogo.

The bottom-line: It's pretty tough to do a better job by hand than using an energy-efficient dishwasher.

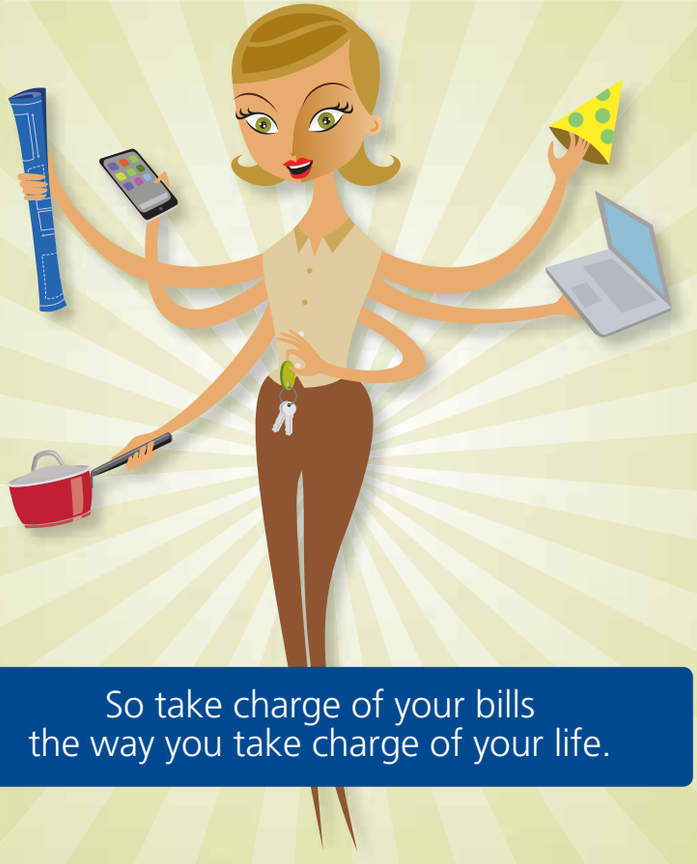
But then there are the big pots (space hogs), knives (that get dull from clanking against dishes), and plastic containers (that release harmful chemicals when washed).

These should be hand-washed.

You can do a more efficient job by scraping food into the compost instead of wasting water rinsing.

David Suzuki Foundation

You're one text-messaging-business-pitching-get-the-kids-to-music-lessons kind of woman…



So take charge of your bills
the way you take charge of your life.

epost™

Receive, pay and manage your bills online.
One login. One password. One place.
epost.ca – Because that's more like you.

CANADA POST POSTES CANADA
From anywhere... to anyone

Her business is doing just grape

A toast to former model Caroline Granger, who traded in glamour and photoshoots for grape vines and family

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

"I've gone from walking on alligators to dancing on them!" Caroline tells me from her office at The Grange, the award-winning winery she has grown and nurtured for the past 10 years.

It's been quite the journey for Caroline Granger, who found incredible success as a Ford model in Paris at the age of 16. Love and children brought her back to North America and ultimately to the family farm in Prince Edward County in Ontario where she's been raising her three children.

Bottle business

The Grange Estate Winery

- 72,000 vinifera vines
- 60 acres under vine
- H6 distinct vineyard blocks
- Recent Gold medal winner at international wine competition in Hong Kong
- Best white wine in show at the Royal Winter Fair

PEGGY DEWITT

▶ Caroline Granger

In 1999 she planted some grape vines for a friend and it got her thinking about the wine business.

With the support of her family she went back to school and planted 10 acres. The learning curve was steep but success soon followed.

"I have this huge excitement that we're on the edge of something new and dancing on alligators is how I view the future. I am thrilled to be a woman in agriculture and I'm passionate about making wine. This business is very hard but I know this is absolutely where I'm supposed to be and I'm doing what I'm supposed to be doing."

FORD MODELING AGENCY

▶ Granger in her modeling days.

Role model

- Begin with the end in mind.
- Even if it's a simple vision it will help guide you.
- Do your homework and risk assessment.
- Have an unshakable belief in yourself and your dream
- Inspire people and make a difference

Interested in IT? There's a job for that

How about getting paid to play on your phone all day? Compute this list of 2012's hottest IT positions

JULIA WEST
LIFE@METRONEWS.CA

METRO WORLD NEWS IN NEW YORK

The progression of technology brings the expansion of IT jobs, and 2012 will be no exception. With more businesses going digital and phrases like "cloud storage" becoming commonplace, the world of IT careers is budding with new opportunities.

Robert Half Technology just released their list of the hottest jobs for 2012, many of them falling under the IT umbrella. Here are three that are especially promising.

1 Mobile applications developer

Not surprisingly, this job comes out on top. Considering the long list of things you can do from your phone — banking, gaming and even video chatting — it's no wonder that this field is booming.

"Mobile development has surpassed web development and is now leading in shaping future professionals," says Leonardo Mattiazzi, vice president of international business at IT services company Ci&T.

2 User experience designer

UX designers, to those in the know, "create positive digital experiences," according to Robert Half Technology.

Mattiazzi believes that the job description is blurring the lines and tapping into all sorts of creative talent.

"Developers can no longer rely only on their technical skills, and UX designers can no longer rely only on their creative skills. The blending of UX skills and technical skills is becoming a de-facto demand," he says.

3 Data security analyst

This is the e-bouncer of a company. David Hurst, principal at the financial accounting and advisory firm WeiserMazars LLP, sees growth happening already.

"Now that it's becoming feasible to break up complex business processes and execute different parts in different technologies on-site and in the Cloud, it is increasing the demand for architecture and integration skills to design and manage these complex multi-platform processes," Hurst says.

ROBERTSON COLLEGE *Your New Career in Under A Year!*

get the
CAREER TRAINING
Winnipeg's Top Employers look for!

SMALL CLASSES. INSTRUCTOR TAUGHT.
STUDENT LAPTOP PROGRAM.
EVENING CLASSES.
FINANCIAL ASSISTANCE FOR QUALIFIED APPLICANTS.

Classes starting **DECEMBER 2011**

ADMINISTRATIVE PROFESSIONAL/BOOKKEEPER
HEALTH CARE AIDE CHALLENGE
HEALTH CARE AIDE
HEALTH CARE AIDE PART-TIME EVENING PROGRAM
NURSING ASSISTANT

→ **NEW PROGRAM:**
CASINO/RESORT/EVENT COORDINATOR PROGRAM
STARTS **FEBRUARY 6, 2012**

Scan this **QR Code** with your mobile device for more info.

ROBERTSON COLLEGE
call 204.943.5661 or visit www.robertsoncollegewinnipeg.com to get started!

4 sports

Green Bay stays perfect

Packers beat Giants on final play, clinch playoff berth • Fourth loss in a row for New York

38	35
PACKERS	GIANTS

NICK LAHAM/GETTY IMAGES

Jordy Nelson of the Green Bay Packers makes a reception in the final minute of the fourth quarter against Will Blackmon of the New York Giants yesterday.

The Green Bay Packers are still perfect and heading to the playoffs.

Aaron Rodgers engineered a last minute drive to set up a 30-yard field goal by Mason Crosby on the final play and the Green Bay Packers remained undefeated and clinched a playoff berth with a 38-35 victory over the New York Giants yesterday.

Rodgers hit three passes of more than 18 yards on the drive in the final 58 seconds as the Super Bowl champion Packers (12-0) won their 18th straight game and handed the Giants (6-6) their fourth straight loss.

New York, which was blown out by New Orleans Monday night, tied the game on a two-yard Eli Manning touchdown pass and a two-point conversion run by D.J. Ware with just under a minute to play.

However, Rodgers, who threw four touchdown passes, wasn't going to settle for overtime after a touchback on the ensuing kickoff.

On first down, he completed a pass to Jermichael Finley just over the outstretched hands of rookie linebacker Jacquian Williams and the tight end rumbled 24 yards up the right sideline to the 44.

A 24-yard pass to Jordy Nelson down the left sideline moved the ball to the New York 29 and an 18-yard pass to Greg Jennings two plays later moved the ball to the 12.

Green Bay called time out with three seconds to go, and then Crosby delivered his winning kick.

The Packers would clinch the NFC North if Detroit lost to New Orleans on Sunday night.

For the Giants, everything wasn't terrible. Dallas also lost, leaving New York a game behind the Cowboys with four games to go. The two teams will play twice over that span.

Rodgers, who was harassed by Giants front and sacked three times, finished 28 of 46 for 369 yards.

THE ASSOCIATED PRESS

Quoted

"awesome, whatever it is."

TIGER WOODS, ON WHAT HE WAS FEELING AFTER WINNING HIS FIRST GOLF TOURNAMENT IN OVER TWO YEARS. WOODS POURED IN A PUTT TO CAP OFF A BIRDIE-BIRDIE FINISH AT THE CHEVRON WORLD CHALLENGE YESTERDAY TO BEAT FORMER MASTERS CHAMPION ZACH JOHNSON BY ONE SHOT. THE WIN ENDED A DROUGHT THAT LASTED 749 DAYS, AND MIGHT HAVE SIGNALLED A CHANGE THAT WOODS IS ON HIS WAY BACK.

Scan code for more sports news.

Jones, Martin edge closer to Olympics

HO-MICHAEL BURNS/THE CANADIAN PRESS

"I thought we came out and played well from the first end on, and everybody made my job easy. It was a fun game to play."

WINNIPEG'S JENNIFER JONES ON YESTERDAY'S CANADA CUP VICTORY

Kevin Martin knows he's got a chance to book a ticket to the Olympics. The hardest part will be waiting two years to make it happen.

Martin's rink locked up a spot in the 2013 Olympic curling trials after winning his fourth Capital One Canada Cup of Curling with a 7-4 victory over Glenn Howard yesterday in Cranbrook, B.C.

The Edmonton skip and his team of John Morris, Marc Kennedy and Ben Hebert won gold at the 2010 Olympics in Vancouver, and hope to defend it at Sochi, Russia in 2014.

"We talked about that all week," said Martin. "It's nice to get it out of the way. But like John was saying, 'Now what do we do for two years?'

"This year is already set but next year, absolutely, we'll have to have a team meeting and decide what we're going to do and this will have a bearing on it, for sure."

Martin will be joined at the Olympic trials in Winnipeg by Jennifer Jones, who advanced on the women's side with a 9-4 victory over Chelsea Carey.

Both Martin and Winnipeg's Jones won $26,000, plus entries to next year's Canada Cup in Moose Jaw, Sask., and the 2013 Continental Cup in Penticton, B.C.

"We were never really looking that far ahead," said Jones, a four-time national champion who scored at 94 per cent on her skip rocks in the match.

"But it is nice. This way, you don't really have to go all out (for the next two seasons). You can control your schedule and pick the events you want to play in, which is kind of nice."

In the men's final, Martin scored two points each in the third and fifth ends to take a 4-2 lead, then added singles in the seventh, ninth and 10th ends to beat Howard.

Coldwater, Ont., skip Howard and his team of Wayne Middaugh, Brent Laing and Craig Savill took home $16,000 for the second-place finish.

Meanwhile in the women's final, Jones dominated Carey and her Morden rink by scoring three points in both the fourth and seventh ends.

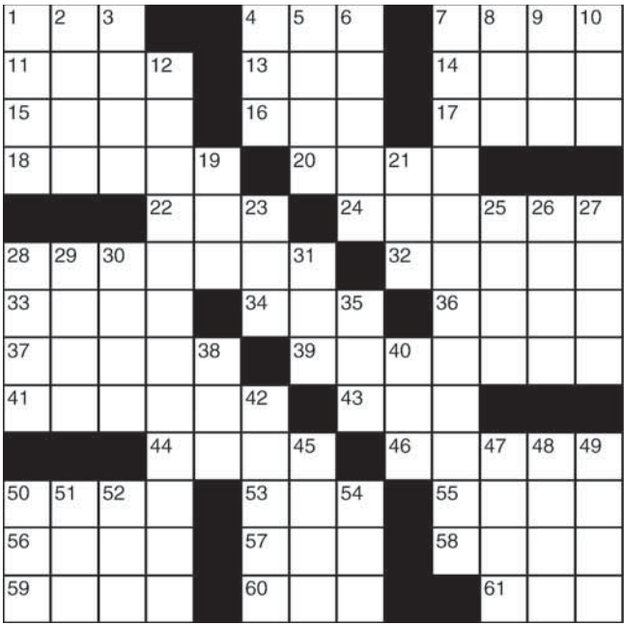
Carey and her team of Kristy McDonald, Kristen Foster and Lindsay Titheridge settled for $16,000, while Jones and lead Dawn Askin celebrated their second Cup win. It was the first Cup win for third Kaitlyn Lawes and second Joelle Sabourin.

"You know, it was just fun to go out there and curl well in a big game," said Jones.

"They were just a little bit off early and we got the lead, but they're a great team and I'm sure they'll bounce back."

THE CANADIAN PRESS

Crossword



Across

1 Two-timer
4 Arrow launcher
7 Goya's "Naked" subject
11 Scads
13 Atmosphere
14 PC picture
15 Panorama
16 Beer cousin
17 Fender bender
18 Artist's support
20 Knitting need
22 Lower limb
24 Used a switchblade on
28 Unimportant
32 Spry
33 Relaxation
34 — de deux
36 Lug
37 Bother
39 Washington city
41 Half-hour TV show, often
43 Blond shade
44 Hawaiian feast
46 Eccentric
50 Note from the boss
53 54-Down stat
55 Eye layer
56 United nations
57 Slithery squeezer
58 Skaters' venue
59 Out of control
60 Switch positions
61 Two, in Tijuana

Down

1 Bear lair, often
2 Others (Lat.)
3 Accomplishes
4 Sheep's cry
5 Unctuous
6 Cause, as havoc
7 Dark time
8 Expert
9 "The Daily Show With — Stewart"
10 Pismire
12 Another way to say 7-Down
19 Floral neckwear
21 Genetic letters
23 Space
25 Authoritative command
26 Hebrew month
27 Take out of context?
28 Earl Grey's kin
29 Hindu princess
30 "Say It — So"
31 — Vegas
35 The Red or the Black
38 Thee
40 Request
42 Ballroom dance
45 "Once — a time ..."
47 "Amores" poet
48 Gambling game
49 Tibetan herd
50 Biz deg.
51 Shade tree
52 Cattle call?
54 Auto fuel

▶ Thursday's answer

T	A	P	E	S		A	D	O		F	A	S
S	P	U	R	T		L	O	U		A	R	E
A	T	R	I	A		P	U	R	V	I	E	W
		C	E	L	L	A	R		E	R	N	E
U	S	E		L	A	C		B	R	E	A	D
S	O	L	D		B	A	S	I	S			
A	L	L	E	G	E		T	O	U	P	E	E
			B	A	L	E	R		S	U	M	O
A	P	A	R	T		M	A	D		R	U	N
S	A	K	I		P	O	W	E	L	L		
P	U	R	S	U	I	T		R	O	O	D	S
I	L	O		F	E	E		B	R	I	D	E
C	A	N		O	D	D		Y	E	N	T	A

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 What happens over the next seven days will make life fun again.

♉ Taurus April 21-May 21 Today could turn out to be rather challenging, but in a pleasant way.

♊ Gemini May 22-June 21 Action speaks louder than words, so act fast, be first and get the job done.

♋ Cancer June 22-July 22 Get that glum look off your face and believe that good things (and good people) are coming your way.

♌ Leo July 23-Aug.23 Don't allow yourself to get worked up about some of the things that go on in the world.

♍ Virgo Aug. 24- Sept. 22 Fate is about to introduce you to someone who can transform your existence.

♎ Libra Sept. 23-Oct. 23 Let the world know who you are and what you can do – and make sure you do it.

♏ Scorpio Oct. 24-Nov. 22 Go places, do things and make new friends. Life has rarely looked better.

♐ Sagittarius Nov. 23-Dec. 21 You want to help those who can't help themselves and the best way to do that is to join forces with those who share your concerns.

♑ Capricorn Dec. 22-Jan. 20 You have always been ambitious but are your ambitions inspired by your ideals or are you interested in nothing more than profit and position?

♒ Aquarius Jan. 21-Feb. 18 All things change with time and it's time you moved on – to better things, of course.

♓ Pisces Feb. 19-March 20. What you believe is likely to change profoundly over the next few days. **SALLY BROMPTON**

Sudoku

2		1			9		8	
			3	6				1
6				2		3		
		4					1	
		3	9		5	4		
	7					9		
		8		7				5
1			3	5				
	4		2			8		6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ▶

8	3	7	9	6	1	5	2	4
6	1	4	2	8	5	9	7	3
9	5	2	3	4	7	6	1	8
1	9	6	8	5	2	3	4	7
2	8	3	6	7	4	1	5	9
4	7	5	1	3	9	2	8	6
7	4	9	5	2	6	8	3	1
3	2	1	4	9	8	7	6	5
5	6	8	7	1	3	4	9	2

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Everyone on Earth,
This is sort of a global prayer, and as it is, a very personal one as well. I want to wish everyone so much love to cradle their days and nights. I wish everyone could find it in their hearts to cast away fear in their lives... or at least use it to find what is true and beautiful. I wish for clarity in love, peace for those in need, and for some to shed their egos and stop it with excessive consumerism. As always, I would want everyone to find their soul/mate love of their dreams. I wish these things. To dreams coming true!
WEE EARTHLING

Reeda Durrani,
i love you and will always love you
BILAL AMER

A look at the weather

TODAY	TOMORROW	WEDNESDAY
Min -24°	Min -3°	Min -20°
Max -14°	Max -2°	Max -2°

Jenna Khan, Weather Specialist
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 5:30 AM**

BT BREAKFAST TELEVISION

PETER DEJONG/THE ASSOCIATED PRESS

Caption contest

FABRIZIO GIOVANNOZZI/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

KISS & TELL WITH METRO KISS
Tell your friends, family or that secret crush just how you feel with a Metro Kiss... then share it with the world through Facebook and Twitter.
All kisses will appear online and a selection will appear in print too!
Visit metronews.ca daily to see who loves whom, or...who loves you!
metro

TRANSFORM

THE UNIVERSITY OF WINNIPEG
Professional, Applied and Continuing Education

Transform your career

With 100+ courses and seminars beginning **January 4, 2012**, Professional, Applied and Continuing Education gives you hands-on training opportunities to expand your horizons.

Our programs work for you

- Evening and weekend classes to fit your schedule
- Theoretical and applied learning
- Small class sizes
- Learn from industry professionals
- Earn transfer credits towards an undergraduate degree

For more information, to register, or to build your individualized learning plan

call: 204.982.6633
web: dce.UWinnipegCourses.ca
visit: Buhler Centre (Portage & Memorial)